

New Telemedicine Services

Effective September 2018

Talk to a Telemedicine doctor — anytime, anywhere

Starting September 1, 2018, telemedicine services will be available for you, and any eligible family members, through your Aetna or Cigna plan. The best part? The cost of a consultation is no more than \$40.

You can now get care for minor conditions by connecting with a board-certified doctor via video chat or phone, without leaving your home or office.

Telemedicine services focus on the diagnosis and treatment of a wide range of minor conditions such as sinus infections, pink eye, the flu and more, including mental health issues like anxiety and managing stress. Telemedicine is **not** designed to replace your primary care physician but can treat non-emergency medical issues when you don't have time to see your own doctor.

24/7 Access

With Telemedicine, you'll have 24/7 access to U.S. board-certified doctors, by phone or video consult, during hours when many physician offices are closed. Telemedicine doctors can also write prescriptions and coordinate care with your regular doctor.

Register now!

Establish an account with the telemedicine service(s) available through your Plan, so you're ready to request a consult when and where you need it. You can also access telemedicine services with the free mobile applications available at Aetna or Cigna.

Learn more about how it works

Aetna members, click [here](#).

Cigna members, click [here](#).